# Solano County Breastfeeding Resources

www.SolanoCounty.com/Breastfeeding

**September 2015**

## Solano County Hospitals

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| David Grant Medical Center<br>Travis Air Force Base<br>101 Bodin Circle<br>Travis Air Force Base, CA<br><br>Marion Dolphin, IBCLC, BSN, Lactation Consultant (707) 423-7129<br>Labor Delivery Recovery Postpartum (LDRP)---------- (707) 423-3619<br>Pediatric Clinic (707) 423-5304<br>Family Medicine Clinic (707)423-3792<br>OB Clinic (707) 423-5361<br><br>New Parent's Support Program<br>(707) 423-5168 | • Breastfeeding classes<br>• Breastfeeding support and information available by telephone<br>• Breastfeeding handouts available in English and Spanish<br><br>New Parent Support Program; Nursing Staff; Sharon TORGERSON, RN, & NORELLA Hobby, RN<br>Military families 0-3 in the household, siblings, playgroups, nurse home visits, infant CPR for the whole family, Boot Camp for Dads, Stress Time Management, | Breastfeeding classes are the 1st Tuesday of most months 2:00 pm - 4:30 pm. Registration required, Class meets in Women's health waiting room and group walks to class.<br><br>Lactation consults available for inpatient and outpatient consults Monday-Friday | No cost for military families<br>Free Classes:<br>Breastfeeding class: are offered on the first Tuesday of most months**, registration required** call 423-7129 please leave your sponsor information and due date and name/ phone#.<br><br>OB Inpatient Childbirth Class: 1st Saturday every other month 0930-1530. One day class. Registration required 707.423.3619 | Call Marion at 423-7129 for any breastfeeding questions or consults at TAFB.<br><br>Ask your provider for a lactation consult self-refer call or email Marion Dolphin 707-423-7129, marion.dolphin.ctr@us.af.mil |
| **Kaiser Permanente**<br>***Outpatient (Vallejo)***<br>975 Sereno Drive<br>**Vallejo**, CA<br>Eva Reyes<br>Newborn Klub (707) 651-KLUB<br>Debbie Caldwell, RD, CLE<br>Gabriella, RN, CLE<br><br>***Hospital Contact***<br>Keshni Lal, RN, IBCLC<br>(707) 651-5270<br>***Outpatient (Vacaville)***<br>1 Quality Drive<br>**Vacaville**, CA<br>Michelle Shanks, RN<br>Cayetone Francis, RN, IBCLC<br>(707) 624-3023<br>Newborn Care Services:<br>(707) 624-307<br>***Hospital Contact***<br>Jane Graves, RN, BSN, IBCLC<br>Iris Henderson, RN,BSN,IBCLC<br>(707) 624-1728 | • Breastfeeding help and support over the phone and by appointment<br><br>• English and Spanish spoken | Monday – Friday<br>8:00 am – 3:30 pm<br><br>Newborn Klub recorder is 24 hours/day<br>7 days a week for a response within 24 hours.<br><br>Keshni: Monday – Friday<br>7:30 am – 4:00 pm<br><br>Jane and Iris:<br>Monday – Sunday<br>7:00 am – 3:30 pm | No cost for Kaiser members. | For all clinics, call for breastfeeding assistance at 651-5582 and leave a message. Your call will be returned within 24 hours by a nurse/ lactation educator 7 days a week.<br><br>For more urgent problems, call Pediatric Advice at 651-1025.<br><br>Lactation assistance can be scheduled at each clinic by calling: Pediatrics:<br><br>Vallejo 651-5582<br>Vacaville 624-4300 |

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| **Kaiser Permanente**<br>**Health Education**<br>975 Sereno Drive<br>**Vallejo**, CA<br>(707) 651-2692<br>- - - - - - - - - - - - - - - - - - - - - - - - -<br>1 Quality Drive<br>**Vacaville, CA**<br>Kimber Conklin, CLC (707) 624-2225<br>Michelle Salangsang (707) 624-2867<br>- - - - - - - - - - - - - - - - - - - - - - - - - | • Health Education Departments offers breastfeeding classes, rental or purchase of books and videos on breastfeeding<br>• Electric breastpump rentals or sales available<br>• Breastfeeding help and support over the phone and by appointment. | Monday-Friday<br>9:00 am-5:00 pm<br>closed 12:30-1:30 pm | | To schedule breastfeeding classes or to get electric breast pumps, call Health Education at:<br>Vallejo: 651-2692<br>Napa: 258-4490<br>Fairfield: 427-4466<br>Vacaville: 624-2225 |
| **NorthBay Medical Center**<br>(A Baby-Friendly Hospital)<br>1200 B Gale Wilson Blvd.<br>**Fairfield**, CA<br><br>Breastfeeding Warmline: (707) 646-5024<br><br>Kristina Day, RN, IBCLC<br>Abbie Hoag RN, IBCLC<br>Susan Pack, RN, IBCLC<br>Christi Tenret, RN, IBCLC<br>(707) 646-5024<br><br>Mother-Baby Unit<br>(707) 646-5022<br><br>***Outpatient Lactation Clinic***<br>NorthBay Women's Resource Center<br>1860 Pennsylvania Ave<br>**Fairfield**, CA<br>646-5024 | • Lactation Consultant in hospital<br>• Breastfeeding support for Solano County women<br>• Breastfeeding classes available monthly<br>• English and Spanish spoken<br>• Breastfeeding Warm Line for phone advice and support<br>• Referrals for electric breastpumps<br>• Private, one-on-one lactation consultations and follow-up appointments. English and Spanish spoken.<br>• Phone lactation support – often same day<br>• Referrals from other hospital | In hospital Lactation Services available 5- 7 days a week.<br><br>Breastfeeding Warmline available 5- 7 days a week | **Breastfeeding Classes** - Free breastfeeding classes (*Breastfeeding the Baby-Friendly way)*. Offered twice a month.<br><br>Other Free classes include:<br>**Brothers & Sisters To Be** children ages 3-9<br>**Labor of Love – 4 evening sessions or one Saturday class** Four session childbirth course.<br>**Prenatal Care**<br>Register early in pregnancy.<br>**Newborn Care**<br>One-session course.<br>**Maternity Orientation and Tour:**<br>Information about hospital registration, birth certificates, and available birthing options provided. | Sign up for a breastfeeding class by calling 646-4162 or **RSVP HERE.**<br><br>Sign up for classes using this link: www.northbay.org/community/classes/parenthood.cfm<br>or calling: (707) 646-4162<br><br>Lactation Consultant: 646-5024<br>For immediate attention: 646-5022<br><br>Lactation Consultant appointments available at NorthBay Outpatient Lactation Clinic M,W,Th 9:00-3:15pm. |
| **Sutter Solano Medical Center**<br>300 Hospital Drive<br>**Vallejo**, CA<br>Grace Edwards, RN, CLEC<br>Cora de Jesus RN, CLC<br>Mother-Baby Unit<br>(707) 554-5226 | • Breastfeeding referrals for women who deliver at Sutter Solano Medical Center<br>• Provide referrals for electric breastpumps<br>• English and Spanish spoken | 7 day a week lactation coverage on in Mother Baby Unit | Counseling is free for women while patients at Sutter Solano hospital. | Breastfeeding support – referred to La Clinica Great Beginnings (see CPSP Programs below) |

# Neighboring Hospitals

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **Queen of the Valley Medical Center**<br>1000 Trancas Street<br>**Napa,** CA 94558<br><br>Mother-Baby Unit<br>(707) 252-4411 Ext. 1893<br>Cristie Alupio (707) 252-4411 Ext.2074 | • Provide breastfeeding instruction, promotion and consultation by appointment or walk-in<br>• Pump rentals available<br>• Lactation Consultants available<br>• English and Spanish spoken | Monday, Wednesday, Friday<br>9:00 am to 2:00 PM<br><br>Same day appointments available | Hospital billing | Call (707) 252-4411 Ext. 1893<br>Immediate attention: 707-257-4029 |
| **Sutter Davis Hospital – Birthing Center**<br>(A Baby-Friendly Hospital)<br>2000 Sutter Place<br>**Davis**, CA 95616<br>(530) 759-7444<br><br>Yolo County WIC Breastfeeding Warmline:<br>1(800) 663-8685. | • Provides referrals for electric breastpumps and out-patient lactation consultation<br>• Breastfeeding assistance is available in most all languages<br>• Follow-up phone calls for all post-partum discharged mothers | RN lactation support is 24 hours/day for all in-patient postpartum mothers | $15 per class | Call Sutter Davis Birthing Center (530) 759-7444 for breastfeeding advice and referrals |
| **Woodland Memorial Hospital**<br>(A Baby-Friendly Hospital)<br>632 W. Gibson Road<br>Woodland, CA 95695<br>(530) 668-2600<br><br>Woodland Memorial – Davis Clinic<br>2330 West Covell Blvd<br>Davis, CA 95616<br><br>www.woodlandhealthcare.org | • Prenatal consultations<br>• Postpartum personal instruction<br>• Assistance with special-needs babies<br>• Medications and breastfeeding information<br>• Outpatient appointments<br>• Back-to-work appointments<br>• Classes and support groups<br>• Outpatient resources and referrals<br>• Baby Care class during prenatal care | 7 day a week lactation coverage on the floor<br><br>5 day a week lactation clinic | Clinic appointment – co-pay or full fee<br>(530) 668-2600<br><br>Free Monday Drop-in Clinic – 2 pm –in Woodland | **Woodland Healthcare Lactation Services:**<br>(530) 668-5420.<br><br>Support Groups -<br>Lactation Services appointments, call (530) 668-2613<br><br>Education Department<br>(530) 669-540 |

# Comprehensive Perinatal Services Programs (CPSPs)

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **ABC Prenatal Program**<br>1860 Pennsylvania Ave.<br>Suite 310<br>**Fairfield**, CA<br>(707) 646-4166<br><br>Lactation Consultant Appointments | • Breastfeeding support for ABC clients up to 2 months postpartum<br>• Breastfeeding classes offered once a month in English and Spanish<br>• Breastpumps free to exclusively breastfeeding mothers returning to work or school who are Partnership HealthPlan of California members | Monday - Friday<br>8:00 am-5:00 pm | Breastfeeding classes are free for ABC clients.<br><br>Breastpumps are free for Partnership HealthPlan of California exclusively breastfeeding members with NP or MD prescription. | Call ABC clinic at 646-4166 for breastfeeding advice, to sign up for breastfeeding classes or breastpump information |
| **Community Medical Center - Dixon Family Practice**<br>131 West A St. Suite 1<br>**Dixon**, CA 95620<br>(707) 635-1600<br><br>Aida Rios, CPHW, Breastfeeding Educator<br>(707) 635-1600 ext. 1662<br><br>(English and Spanish) | • Office visits prenatally and postpartum<br>• Babies are seen at 3 days and moms seen at 6 weeks postpartum<br>• Childbirth classes<br>• Breastfeeding classes/support<br>• Infant and care classes<br>• Services are provided for Medi-Cal patients only and Private Insurance | Monday and Friday<br>8:00 am-5:00 pm | No cost for Medi-Cal patients.<br><br>Breastpumps free to exclusively breastfeeding mothers returning to work or school who are Partnership HealthPlan of California members | Call Dixon Family Practice at 635-1600 ext. 1662 for breastfeeding advice and referrals. |
| **Community Medical Centers - Vacaville**<br>600 Nut Tree Rd, Ste 310<br>Vacaville, CA 95687<br><br>Maria Collins, CPHW<br>(707) 359-1822<br><br>(English and Spanish) | • Office visits prenatally and postpartum<br>• Babies are seen at 3 days and moms seen at 6 weeks postpartum<br>• Childbirth classes<br>• Breastfeeding classes/support<br>• Infant and care classes<br>• Services are provided for Medi-Cal patients, private pay and no insurance | Monday - Friday<br>8:00 am-5:00 pm<br><br>Open every other Saturday<br>8:00 am – 5:00 pm | No cost for Medi-Cal patients.<br><br>Breastpumps free to exclusively breastfeeding mothers returning to work or school who are Partnership HealthPlan of California members | Call CMC at 359-1800 for breastfeeding advice and referrals. |
| **La Clínica Great Beginnings CPSP**<br>210 Hospital Drive<br>**Vallejo**, CA<br>(707) 645-7316<br><br>Nadine Quintero, CLE<br>Saskia Ledezma-Campos, CLE<br>Vanessa Craviotto-Guzman, CLE<br><br>(English and Spanish) | • Breastfeeding classes are available in English and Spanish and open to anyone<br>• Individual breastfeeding advice given by phone or by appointment at the clinic only for Great Beginnings patients | Breastfeeding advice available Monday- Friday from 9:00 am-4:00 pm.<br><br>Classes held every other month (one month Spanish, one month English) | Breastfeeding classes free for Great Beginnings patient.<br>Breastfeeding class held every other month $25-35 for private pay patients.<br>Breastpumps free to Partnership HealthPlan of California Pregnancy/Emergency Medi-Cal, and Full Scope Medi-Cal Members | Call La Clinica Great Beginnings at (707) 645-7316 to sign up for classes, breastfeeding advice, referrals, and for more information. |
| **Alpha Pregnancy Center CPSP**<br>138 S. Orchard, Vacaville, CA<br>(707) 449-8991 | • Prenatal care<br>• STD Testing<br>• Pregnancy testing<br>• Ultrasounds | Breastfeeding advice available Monday-Friday<br>11:00 am – 5:00 pm | Free | |



Updated 9/25/2015

# Solano County Health and Social Services Department

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **Public Health Nursing**<br>275 Beck Avenue<br>**Fairfield**, CA<br>(707) 784-8070<br>FAX 438-2500 | • Breastfeeding help over the telephone and home visits<br>• English, Spanish | Monday-Friday<br>8:00 am-5:00 pm | No cost | Call and ask for the nurse of the day if you would like advice or a home visit.<br><br>Call your doctor and ask him/her to refer you to a Public Health Nurse. |
| **WIC Program**<br>365 Tuolumne Street, 3rd floor<br>**Vallejo, CA**<br>(707) 553-5381<br><br>2101 Courage Drive<br>**Fairfield, CA**<br>(707) 784-2200<br><br>1119 E. Monte Vista Avenue, 2nd floor<br>**Vacaville, CA**<br>(707) 469-4555<br><br>155 N. Second Street<br>**Dixon, CA**<br>(707) 678-0717 | • Nutrition program for low to moderate income pregnant and breastfeeding women, infants and children up to the age of 5 years<br>• Breastfeeding help over the phone and in the WIC office<br>• Electric breastpumps are loaned if medical or breastfeeding conditions warrant it, manual breastpumps available to eligible breastfeeding women<br>• English, Spanish, Tagalog, Vietnamese and Chinese spoken | Monday-Friday<br>8:00 am-5:00 pm | No cost for WIC participants or WIC-eligible families. | Call the WIC office in your area to ask for information about how to enroll.<br><br>Ask your doctor for a referral form to enroll in WIC.<br><br>Call the WIC office for breastfeeding advice over the telephone.<br><br>Call WIC office to enroll in WIC Breastfeeding Peer Counselor Program |
| **WIC Breastfeeding Peer Counselor Program**<br><br>**Vallejo**<br>Tamira (707) 553-5704<br>Stacey (707) 553-5939<br><br>**Fairfield**<br>Alyssa, IBLCLC (707) 784-2137<br>Yolanda (707) 784-2135<br><br>**Vacaville**<br>Leonila (707) 469-4559<br>English or Spanish | • Prenatal education and support<br>• Frequent early postpartum contacts<br>• Referrals to IBCLC as needed | Peer Counselors are available via text or cell phone after hours and on weekends<br><br>Hospital visits may be arranged | No cost for WIC participants or WIC eligible families | WIC mothers may self-refer or may be referred at any time during pregnancy or until baby is 1 month old.<br><br>Call the WIC office to refer. |

## Partnership HealthPlan of California (Medi-Cal Managed Care)

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **Partnership HealthPlan of California (PHC)**<br>4665 Business Center Drive<br>Fairfield, CA 94534<br><br>Zach Romawac (Solano, Napa, Yolo Counties)<br>(707) 863-4203<br>(800) 809-1350<br>zromawac@partnershiphp.org<br><br>Jessica Hackwell<br>(707) 863-4442<br>(800) 809-1350<br>jhackwell@partnershiphp.org | • Up to $50 in free gift cards<br>• Live phone information & support<br>• Case Management Services<br>• Referral to community resources<br>• Free Breast Pumps for breastfeeding PHC members returning to work or school (One Time Benefit)<br>• Translation services available | Monday-Friday<br>8:00 am-5:00 pm | Available at no-cost to Medi-Cal eligible women. | Call the Growing Together Perinatal Program at (800) 809-1350 for more information on program. |

## Health Insurance Coverage of Breastfeeding Support and Supplies

*Capp Bill to Improve Health Coverage for Military Moms Now Law*

The TRICARE Moms Improvement Act, introduced by Representative Lois Capps (CA-24) was signed into law by President Obama as an amendment to the National Defense Authorization Act (H. R. 4435). The new law makes breastfeeding supplies, services, and counseling available to military family members who have federal TRICARE health insurance. Such services are already a required benefit in private health insurance plans following passage of the Affordable Care Act. Representative Capps spreadheaded the effort to get the provision passed. Capps stated the new law will give "…military families access to the same services that are available to those who have private insurance…" Additionally, she reiterated the importance of "…ensuring our military moms have the resources they need to feed and care for their newborns if they chose to breastfeeding."

http://www.ibreastfeeding.com/newsletter/latching-on/2015/news-items-interest?utm_source=sendinblue&utm_campaign=LATCHING_ON_JANUARY_2015&UTM_medium=email#sthash.PyBSFCnew.IKvLX7g9.dpuf

# Breastfeeding Support Groups

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **A More Excellent Way (MEW) Health**<br>Monique Sims, DrPH, RD, IBCLC<br>215 Lighthouse Drive<br>**Vallejo, CA**<br>(707) 648-1247<br>Fax: 648-1287<br>www.mewpeers.org<br>Monique.sims@sbcglobal.net | • Mother-to-Mother Support Groups<br>• Peer Counselors | Days, evenings and weekends | Free to all ethnicities. | Call A More Excellent Way at 648-1247. |
| **Planned Parenthood**<br>1325 Travis Blvd., Ste. G<br>**Fairfield**, CA<br>(707) 421-2750, press "1"<br>FAX: (707) 429-4380<br>Debra Cudmore, Program Manager<br>Planned Parenthood's Teen Parenting Program- Healthy Families America and Cal-Learn | Case management for pregnant and parenting teens and at risk women<br>• Connection/links to other resources in county<br>• Self enroll or referral with consent<br>• Childbirth preparedness classes<br>• Help with breastfeeding<br>• Breastfeeding class | Monday-Friday<br>9:00 am-5:00 pm | No cost | Call 707-421-2750 Ext.1 for childbirth classes, child development workshops and other workshops. |
| **La Leche League of Solano County**<br><br>**Benicia/Vallejo:**<br>Corby (707) 745-3932<br><br>**Fairfield:**<br>Kathy (707) 428-3771<br><br>**Vacaville:**<br>Jeanette (707) 469-0705<br><br>http://tinyurl.com/SolanoLLL<br><br>La Leche League International<br>1-800-525-3243<br>www.lalecheleague.org | Breastfeeding support groups<br>Breastfeeding support and help over the telephone<br>Can provide updated information about breastfeeding issues.<br>Information in many languages available on-line at www.llli.org | Phone advice available 7 days a week 8:00 am-9:00 pm.<br><br>**Support Groups:**<br>Please call to confirm location.<br><br>**Benicia/Vallejo:**<br>1st Wednesday 10:00 am – 12:00 pm<br>1446 George Court, Benicia<br><br>**Fairfield:**<br>2nd Tuesday, 7:00-8:30 pm<br>2019 Starling Way<br><br>**Vacaville/Dixon:**<br>3rd Tuesday 7:00 – 8:30 pm<br>136 Saybrook Ave., Vacaville. | No cost and anyone is welcome to call and attend the support groups.<br><br>La Leche League International charges for bibliographies according to subject matter and time for research. | Call La Leche League Leaders 8:00 am-9:00 pm 7 days a week for breastfeeding advice.<br><br>Call La Leche League International toll-free at 800-525-3243 for breastfeeding research information. |

# Lactation Specialists

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **A More Excellent Way (MEW) Health**<br>Monique Sims, DrPH, RD, IBCLC<br>215 Lighthouse Drive<br>**Vallejo, CA**<br>(707) 648-1247<br>Fax: 648-1287<br>www.mewpeers.org<br>Monique.sims@sbcglobal.net | • Breastfeeding peer counseling<br>• Breast pumps and supplies<br>• Telephone and home visiting<br>• Breastfeeding support for African American Women<br>• Mother-to-Mother Support Groups<br>• Community breastfeeding events<br>• Breastfeeding Trainings and Presentations | Days, evenings and weekends | Free to African-American mothers.<br><br>Charge for presentations. | Call A More Excellent Way at 648-1247. |
| **Mother and Baby Source: Breastfeeding Clinic**<br>714 Second Street<br>**Davis, CA**<br><br>(530) 756-6667<br>1-800-663-8685 Breastfeeding Coalition of Yolo County<br>www.babysource.com<br><br>Eve Dunaway, M.Ed., IBCLC<br>(530) 753-6464<br><br>Ellen Kassing, RN, IBCLC<br>(530) 756-6667 | • Provides maternity, baby and breastfeeding supplies<br>• Electric breastpump rentals and sales<br>• Breastfeeding and childbirth classes<br>• Support group for moms<br>• English spoken<br>• Breastfeeding clinic: consultation by appointments<br>• Feeding, changing, weighing room available (free) | Monday-Saturday<br>10:00 am-6:00 pm<br>Sunday<br>11:00 pm-5:00 pm<br><br>Mom support groups meets Wednesdays mornings 8:30-10:00 am (call for hours) | Charge for rental and sale of electric breastpumps.<br><br>Lactation consultants do charge for consults. | For general breastfeeding advice, call the Breastfeeding Coalition of Yolo County at 1-800-663-8685.<br>For Lactation Consultant services, call the Breastfeeding Clinic at (530) 756-6667.<br>Open-minded childbirth classes – Ellen 530-753-1191 |
| **The Pump House**<br>Abbie Hoag, RNC, IBCLC<br>562 Regency Circle<br>Vacaville, CA 95687<br>(707) 446-8959<br>(707) 365-7576, cell | • Electric breastpump rentals and for purchase<br>• Manual breastpumps & supplies for purchase<br>• Breastfeeding help and phone support | 7 days a week<br>9:00 am-9:00 pm | Charge for consultation, pump rental & home visits. | Call Abbie for information. |

# Additional Breastpump Rental and/or Purchase

| Contact Person Location/Telephone | Description of Service | Days/Hours Available | Cost | How to Get Help |
|---|---|---|---|---|
| **Kaiser Permanente**<br>975 Sereno Drive<br>**Vallejo**, CA<br>(707) 651-2692<br><br>1 Quality Drive<br>**Vacaville**, CA<br>(707) 624-2225<br><br>3285 Claremont Way<br>**Napa**, CA<br>(707) 258-4490 | • Electric breastpump sales available<br>• Health Education Department offers breastfeeding classes and rental o of books and videos on breastfeeding<br>• Rentals **only** thru DME coverage<br>• Consultations available | Monday-Friday<br>9:00 am-5:00 pm<br>closed 12:30-1:30 pm | For Kaiser members only. Cost varies according to the kind of pump purchased.<br><br>Kaiser members with DME coverage and Kaiser Medi-Cal members eligible for electric breastpump with medical need. | Call Health Education at 651-2692 for electric breastpump purchase information.<br>Vallejo - 651-2692<br>Fairfield – 427-4466<br>Vacaville - 624-2225<br>Napa – 258-4490 |
| **Partnership HealthPlan of California**<br><br>4665 Business Center Drive<br>**Fairfield**, CA<br><br>Zach Romawac<br>(707) 863-4276<br>(800) 809-1350 | • Purely Yours portable electric breastpumps available for breastfeeding women returning to school or to work.<br>• Breastpump education offered through CPSP providers | Monday-Friday<br>8:00 am-5:00 pm | Available at no-cost only to Partnership HealthPlan women | Call the Growing Together Perinatal Program at (800) 809-1350 or (707) 863-4223 for information on this pump program. |
| **WIC Program**<br><br>365 Tuolumne Street<br>Vallejo, CA<br>(707) 553-5381<br><br>2101 Courage Drive<br>Fairfield, CA<br>(707) 784-2200<br><br>1119 E. Monte Vista Avenue<br>Vacaville, CA<br>(707) 469-4555<br><br>155 N. Second Street<br>Dixon, CA<br>(707) 678-0717 | • Manual pumps available for WIC participants<br>• Electric breastpumps loaned to eligible postpartum women on WIC who have no medical insurance coverage for pumps, are exclusively breastfeeding and are having difficulties with breastfeeding. | Monday-Friday<br>8:00 am-5:00 pm | No cost for WIC participants | Call local WIC office for information on pump loan program:<br>Vallejo WIC 553-5381<br>Fairfield WIC 784-2200<br>Vacaville WIC 469-4555<br>Dixon WIC 678-0717 |

# Websites

- Solano Breastfeeding Coalition: www.SolanoCounty.com/Breastfeeding
- Maternal and Child Health of California Breastfeeding Program: www.cdph.ca.gov/programs/breastfeeding
- La Leche League International: www.lalecheleague.org
- Baby Friendly USA: www.babyfriendlyusa.org